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Heteronuclear 1D and 2D NMR Resonances Detected by Chemical Exchange Saturation Transfer to Water

Ricardo P. Martinho⁺, Mihajlo Novakovic⁺, Gregory L. Olsen, and Lucio Frydman*

Abstract: A method to detect NMR spectra from heteronuclei through the modulation that they impose on a water resonance is exemplified. The approach exploits chemical exchange saturation transfers, which can magnify the signal of labile protons through their influence on a water peak. To impose a heteronuclear modulation on water, an HMQC-type sequence was combined with the FLEX approach. 1D ¹⁵N NMR spectra of exchanging sites could thus be detected, with about tenfold amplifications over the ¹⁵N modulations afforded by conventionally detected HMQC NMR spectroscopy. Extensions of this approach enable 2D heteronuclear acquisitions on directly bonded ¹H–¹⁵N spin pairs, also with significant signal amplification. Despite the interesting limits of detection that these signal enhancements could open in NMR spectroscopy, these gains are constrained by the rates of solvent exchange of the targeted heteronuclear pairs, as well as by spectrometer instabilities affecting the intense water resonances detected in these experiments.

Nuclear magnetic resonance (NMR) is often hampered by its low sensitivity. Several approaches have emerged to overcome this, including hardware improvements^[1] and methods for enhancing the signals of liquids and solids by nuclear hyperpolarization.^[2] Foremost among the sensitivity-challenged applications of NMR is in vivo spectroscopy, where averaging times are by necessity capped and where hardware options are limited by the physical characteristics of the sample. A breakthrough in in vivo NMR spectroscopy occurred with the advent of chemical exchange saturation transfer (CEST),^[3] which exploits the transfer of saturation from labile protons to water to facilitate the detection of the former in metabolites, customized contrast agents, and tissue macromolecules.^[4] Instead of using a single transfer to observe the evolution of these labile sites, as in exchange spectroscopy,^[5] CEST relies on prolonged, frequency-selective saturation of the labile protons, followed by a transfer of this effect to the much stronger solvent resonance. This forfeits the possibility of achieving a broadband interrogation of the full spectrum; yet this is compensated by the potential amplification of the frequency-selective information by multi-

ple solute–solvent exchanges. Such exchanges will enhance the saturation by factors on the order of $k_{\text{ex}} T_1^{\text{obs}}$, where k_{ex} is the rate of solvent exchange with the labile proton, and T_1^{obs} is the relaxation time of the observed water molecules. This product can lead to orders-of-magnitude signal enhancements with respect to a single labile proton response. CEST has thus enabled the 3D NMR imaging of previously unmappable species, including glucose,^[6a] urea,^[6b] creatine,^[7] and intrinsic proteins,^[3b] and is rapidly becoming a valuable alternative for investigating health, disease, and homeostasis in both animals and humans.^[6,7]

Despite these major sensitivity benefits, efforts still continue to reinstate the speed and multiplexing benefits that are common in Fourier transform (FT) NMR spectroscopy into CEST. These endeavors led to the possibility of collecting broadband spectral information by the application of suitably tuned field gradients^[8] and, most relevant for the present work, by the establishment of Fourier-based alternatives for both thermally and hyperpolarized samples.^[9–11] In the frequency labeled exchange (FLEX) experiment, for instance, the solute spectral region to be targeted is initially encoded by a pair of selective excitation/storage pulses separated by a delay t_1 , that will modulate the amplitudes of the magnetizations of the labile sites. However, rather than observing these directly after an exchange with the solvent, FLEX loops this process numerous times, magnifying the encoding effects onto the water resonance, and imposing a modulation on the latter that is much larger than what a single mixing would afford. Repeating this as a function of t_1 and applying a single, final observation pulse on the water molecules after each encoding, enables after 2D FT the spectral detection of the labile protons with an increased sensitivity. Very recently,^[12] this effect was extended by the use of an ¹⁵N-selective BIRD pulse,^[13] transferring the ¹⁵N presence to bonded urea protons with a 0/180° amplitude modulation. By performing a ¹H-based FLEX experiment on the latter, a water image with a ¹⁵N-encoded saturation effect of up to 25% was obtained. The present study elaborates these ideas in a related but different direction, by introducing an approach that exploits their advantages while seeking a full time-domain encoding of the heteronuclear dimension. To achieve this, the principles underlying FLEX^[11] were combined with those of HMQC experiments that avoid the excitation of water.^[14] This opens up new possibilities to record 1D ¹⁵N NMR spectra from sites connected to labile protons as well as 2D correlation spectra between the ¹⁵N nuclei and these labile hydrogen atoms. In both cases, these heteronucleus-oriented experiments ended up being observed on water, thereby benefiting from the type of sensitivity enhancement that characterizes CEST.

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transfer and the solvent magnetization transfer processes. All these, as well as the various T_1 values involved, will determine the sensitivity and therefore the practicality of the experiment. To assess the influence of some of these parameters, a sample of alanine in D_2O/H_2O (2:8) at pH 2.2 was examined. Table 1 presents the effect of temperature on the

Table 1: Amplitudes of the ^{15}N -driven modulations [%] measured in HMQC, FLEX, and HetFLEX on aqueous alanine at different temperatures.^[a]

	Temperature				
	6.5 °C	10.0 °C	17.0 °C	23.5 °C	29.5 °C
$\Delta I_{\text{HMQC}}^{\text{FID}}/I_{\text{H}}$ [%]	78 ± 8	70 ± 3	68 ± 0.5	17 ± 3	4.9 ± 0.9
$\Delta I_{\text{FLEX}}^{\text{FID}}/I_{\text{water}}$ [%]	3.8 ± 0.7	4.3 ± 0.1	6.4 ± 0.1	17.2 ± 0.5	13.1 ± 0.2
$\Delta I_{\text{HetFLEX}}^{\text{FID}}/I_{\text{water}}$ [%]	2.7 ± 0.3	3.5 ± 0.1	4.6 ± 0.1	3.1 ± 0.1	0.6 ± 0.1
$\Delta I_{\text{HMQC}}^{\text{FID}}/\Delta I_{\text{FLEX}}^{\text{FID}}$ [%]	3.0 ± 0.6	3.0 ± 0.1	4.4 ± 0.1	2.9 ± 0.4	0.6 ± 0.1

[a] The first row compares $\Delta I_{\text{HMQC}}^{\text{FID}}$ against the thermal magnetization of the NH protons, whereas the FLEX-based experiments are compared with water; the two middle rows describe these modulations as percentages of the water signal intensity, when measured for $t_{\text{exch}} = 40$ ms and $N = 64$. The last row is the expected efficiency derived from the first two rows.

observed HetFLEX modulation, and analyzes it in terms of its two governing processes, namely the HMQC transfer efficiency and the FLEX efficiency. The former steadily degrades with temperature as a result of the increased solvent exchange rate. At the same time, the 1H FLEX efficiency improves because of the increase in exchange rate. The overall HetFLEX outcome closely follows the product between the efficiencies observed for these two modules, $\Delta I_{\text{HetFLEX}}^{\text{FID}} = \Delta I_{\text{HMQC}}^{\text{FID}} \Delta I_{\text{FLEX}}^{\text{FID}}$, leading to a non-monotonic behavior with k_{ex} . Figure 2 shows how changes in the number and duration of the mixing events influence the relative signal intensity of HetFLEX with respect to HMQC, both when considered on a per-scan as well as on a per-unit-acquisition-time basis. For the illustrated pH and temperature, k_{ex} amounted to approximately 50 Hz, leading to $t_{\text{exch}} \approx 40$ ms as the optimum value (Figure 2a). As exemplified by the calculations in Figure S2, this is in agreement with what can be numerically estimated based on the proton transfer ratio [PTR; Equation (1)],^[10]

$$\text{PTR} = f_s \lambda^{\text{HMQC}} [1 - e^{(-k_{\text{ex}} t_{\text{exch}})}] \frac{1 - e^{-N t_{\text{prep}}/T_1}}{e^{-t_{\text{prep}}/T_1} - 1} \quad (1)$$

where f_s is the ratio between the solute and solvent pool concentrations, and λ^{HMQC} is the efficiency of the HMQC transfer. Using the latter as a fixed parameter, Figures 2b and c show how the HetFLEX signal intensity builds up as a function of the number of exchange loops N ; note that

these data are plotted normalized by both the number of acquisitions and by the unit acquisition time. An exponential increase in intensity occurs as a function of N until $N t_{\text{prep}} \approx T_1^{\text{H}_2\text{O}}$; the water T_1 thus controls the maximum achievable enhancement, as exemplified by the different plateaus shown in Figure 2b upon increasing the concentration of a relaxation agent. Note that while the absolute HetFLEX enhancements decrease upon reducing the T_1 of water, the fact that $N t_{\text{exch}}$ governs the repetition time of each scan means that shortening the relaxation of water can actually lead to further SNR advantages versus HMQC when viewing the experiment in terms of the acquisition time (Figure 2c). For the chosen $t_{\text{exch}} = 40$ ms, for instance, setting $N = 64$ yields approximately 90% of the maximum signal obtained within reasonably short acquisition times. In an additional set of experiments, Figure 2d illustrates how different combinations of t_{exch} and N yielding the same total exchange period of 64×40 ms = 2.56 s modulate the overall HetFLEX intensity. The behavior is clearly non-monotonic, and confirms the existence of an optimum t_{exch} value.

As mentioned, the HetFLEX sequence can be modified to include a second increment, t_2 , to encode the 1H evolution of the NH moieties (Figure 1a). This evolution will modulate the heteronuclear one, leading to the storage of an H_z proton magnetization whose overall dependence will be $\frac{\cos(\omega_N t_1)}{\sin(\omega_H t_2)}$. As this modulation will be conveyed to the water signal intensity by the exchange process, nested t_1 and t_2 evolutions lead to the possibility of utilizing water to detect 2D-HMQC-like data. Figure 3 exemplifies these solvent-based 2D acquisitions, applied to the amino acids and peptides that were targeted by 1D HetFLEX. Upon

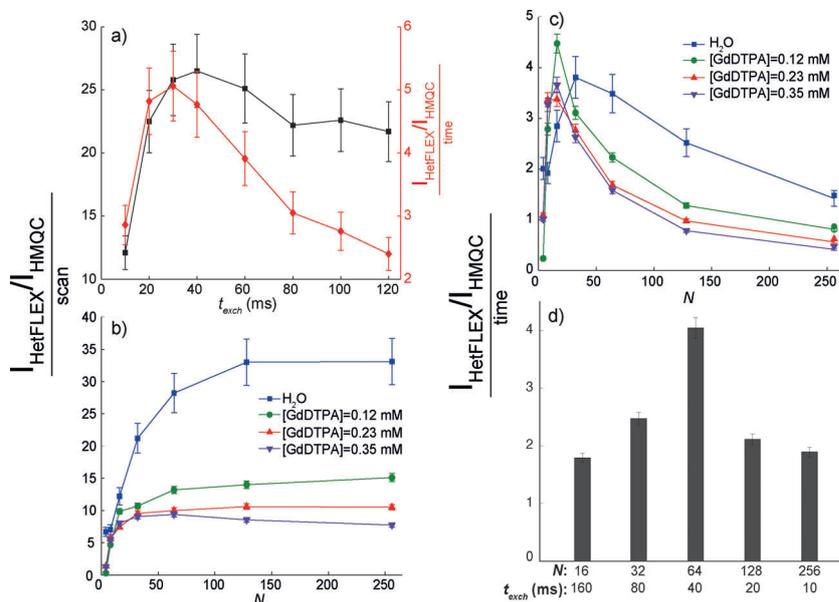


Figure 2. Exploring the effects of different parameters in the Het-FLEX experiment. All data were acquired on a 100 mm ^{15}N -labeled alanine sample in D_2O/H_2O (2:8) at pH 2.2 and $T = 23.5$ °C. a) Calibration of the exchange time employed by the sequence in Figure 1a with 64 t_1 points, $t_2 = 0$, $N = 32$ exchange loops. b, c) Optimization of the number of loops using $t_{\text{exch}} = 40$ ms in the presence of varying concentrations of the relaxation agent GdDTPA affecting mostly the T_1 of the solvent. d) Relative intensities obtained using combinations of t_{exch} and N yielding the same total exchange time per scan.

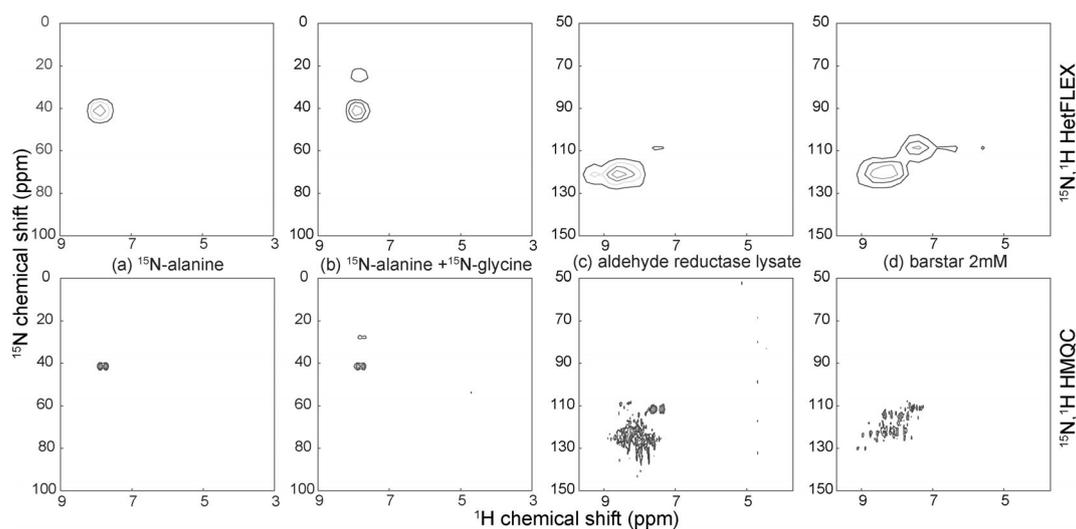


Figure 3. 2D $^{15}\text{N}, ^1\text{H}$ spectra obtained using HetFLEX (top) and HMQC (bottom) on the indicated samples, collected as indicated in Figure 1 a.

comparing these plots with HMQC results (Figure 3, bottom), overall similarities are evident, yet so are major differences. On the one hand, the spectral resolution is worse in the 2D HetFLEX spectra than in their conventional counterparts. This is primarily due to the number of points in the HMQC direct dimension being significantly higher than the one achieved through HetFLEX, which is a consequence of the increased acquisition dimensionality of the latter. Furthermore, as the detection is attained through an exchange process, the experiment is prone to yield broader spectra despite the use of a constant t_{prep} time. On the other hand, although involving the same number of scans, the HetFLEX peaks are approximately two orders of magnitude more intense (in their integrated areas) than their HMQC counterparts. As for the ^{15}N 1D spectra extracted from the 2D HetFLEX version, these are identical to those of the 1D version, apart from an approximately 18-fold increase in intensity arising owing to the extra number of points ($16t_2$ increments) used to sample the new additional dimension.

In summary, the applicability of water-detected heteronuclear NMR experiments based on CEST/FLEX propositions has been explored and demonstrated. The approach enables the acquisition of 1D ^{15}N and 2D $^{15}\text{N}-^1\text{H}$ heteronuclear correlation spectra for cases where the hydrogen atom is in exchange with the aqueous solvent. Among the drawbacks of this method is its relatively slow, indirect detection nature, a feature that fast and ultrafast 2D techniques could solve.^[19] Its main advantage lies in the substantial signal amplification that it delivers thanks to its leverage of the abundant water resonance. While the conditions conducive to this fast exchange were created for small molecules by manipulating the pH value, these arose spontaneously under physiological conditions for the studied polypeptides. This opens HetFLEX perspectives for structural and dynamic assessments of disordered biomolecules. A main technical obstacle that we encountered was the concomitant increase in noise associated with the detection of the water resonance; we are currently exploring different options to control this complicating artifact. Another dichotomy that

these approaches need to handle concerns the decreasing efficiency of J-based transfers with increased solvent exchange rates versus the increased efficiency of CEST/FLEX with these increasing rates (Table 1). It is clear that in many instances, more involved heteronuclear polarization transfer approaches than HMQC should be adopted to deal with this issue.^[20] Other intriguing approaches concern the adaptation of these protocols to include non-labile protons, hyperpolarized systems, or non-aqueous solvents; these and other extensions are currently under investigation.

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Conflict of interest

The authors declare no conflict of interest.

Keywords: chemical exchange saturation transfer · frequency-labeled exchange · heteronuclear evolution · HMQC NMR spectroscopy

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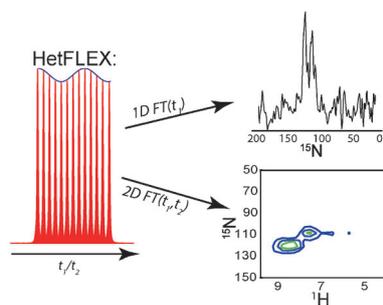
Communications



Water-Based NMR Spectroscopy

R. P. Martinho, M. Novakovic,
G. L. Olsen, L. Frydman* — ■■■■-■■■■

Heteronuclear 1D and 2D NMR
Resonances Detected by Chemical
Exchange Saturation Transfer to Water



NMR resonances from heteronuclei can be detected through the modulation that they impose on a strong H₂O resonance (shown in red) by combining a 2D heteronuclear NMR sequence with a 2D NMR approach relying on chemical exchange saturation transfer principles (HetFLEX). 1D ¹⁵N and 2D ¹H/¹⁵N NMR spectra of small molecules and peptides can be recorded with substantial amplification.